

Fall Semester	Credit	Spring Semester	Credit
<b><i>First Year Fall Semester</i></b>		<b><i>First Year Spring Semester</i></b>	
<b>SOWK 099 Professionalism in SOWK</b> <b>SOWK 120 Intro to Social Work</b> <b>SOWK 250 Practice w/ Individuals</b> <b>SOWK 251 Field Exp. Individuals</b>  >SOWK250/251 could be taken during second year. SOWK372 would then be moved to the third year.  ~Room for three 3-credit courses	1cr 3cr 3cr <u>1cr</u> 8	<b>SOWK 221 Human Behavior</b> <b>SOWK3 60 Practice w/ Families</b> <b>SOWK 361 Field Exp. Families</b> <b>SOWK 382 Topics in Social Work</b>  >If student takes SOWK250/251 during the second year then SOWK360/361 would also be moved to the second year.  ~Room for two 3-credit courses	3cr 3cr 1cr <u>3cr</u> 10
<b><i>Second Year Fall Semester</i></b>		<b><i>Second Year Spring Semester</i></b>	
<b>SOWK 372 Practice w/ Groups</b> <b>SOWK 385 Intro to Research in Social Work</b>  ~Room for three 3-credit courses	4cr <u>3cr</u> 7	<b>SOWK 420 Social Welfare Policies</b> <b>SOAN 356 Social Inequality**</b>  ~Room for three 3-credit courses	3cr <u>3cr</u> 6
<b><i>Third Year Fall Semester</i></b>		<b><i>Third Year Spring Semester</i></b>	
<b>SOWK 475 Practice w/ Communities and Organizations</b> <b>SOWK4 76 Field Experience Communities and Organizations*</b> <b>SOWK 484 Prep for Field Practice</b>  *Room for four 3 credit courses	3cr  1cr  <u>1cr</u> 5	<b>SOWK 485 Seminar in SOWK Practice</b> <b>SOWK 490 Field Practice in SOWK***</b>	3cr <u>12cr</u> 15
<b><i>Fourth Year Fall Semester Option</i></b>		<b>➡ Additional Courses Required by the Major</b>	
Students could complete all of the major SOWK courses and then complete any Gen Ed or remaining required courses in the Fall after completing their senior placement.		ECON 110, 117 <b>OR</b> 120 (choose one)- <i>Students trying to complete the major early often CLEP this course</i>  HIST1 42 U.S. History Since 1865 - <i>Students trying to complete the major early often CLEP this course</i>  STAT 269 Introductory Statistics <i>Students often take this course over the summer and transfer the course to Messiah</i>  SOAN1 01 Introduction to Sociology-- <i>Students trying to complete the major early often CLEP this course</i>  BIOL 158 Human Biology & Lab <i>Students often take this course over the summer and transfer the course to Messiah/ Will accept Anatomy and Physiology in place of HB.</i>  PSYC 101 Intro to Psychology - <i>Students trying to complete the major early often CLEP this course</i>	
Please note a minimum of 123 credits are required to graduate. Students on a 3-year plan must meet all the general education requirements (31 credits) AND ➡ Additional courses required by the Social Work Major.			