

Messiah University Nutrition and Dietetics Major Course Planning – Graduation 5/2028 (Rev. 6/2024)

Sophomore Spring Semester Abroad

123 credits are required for graduation

Name: _____

Fall 2024	Cr	Sem	Grade	Spring 2025	Cr	Sem	Grade
IDFY 101/102H: First Year Sem.*	3			ENGL 110/110H: Written Communication	3		
CHEM 105: Gen Chem I	4			CHEM 106: Gen Chem II	4		
NUTR 102: Intro to Nutr/Diet	1			NUTR 121: Food & Food Science	3		
APHS 170: Concepts of Holistic Wellness	2			COMM 105: Oral Communication*	3		
BIOL 185: A&P I**	4			BIOL 186: A & P II**	4		
<i>TOTAL</i>				<i>TOTAL</i>			
Fall 2025	Cr	Sem	Grade	Spring 2026	Cr	Sem	Grade